

**October Menu 2017**

2	Toasty O's Cereal, Diced Apples Milk Chicken & Cheese Quesadilla on a WW Tortilla Corn Pears Western Dressing, Milk Goldfish Crackers, Tomato Juice	3	WW Toast w/ Cinnamon & Sugar Peaches, Milk Broccoli Cheese Soup Cottage Cheese Saltine Crackers Oranges Milk Pretzels, Hummus	4	Krispy Rice Cereal, Banana Milk Chicken Stir Fry w/ California Blend Vegetables Brown Rice Pineapple Milk Saltine Crackers, American Cheese	5	Toasty O's Cereal, Pears Milk Turkey Noodle Hot Dish w/ WW Pasta Roasted Swt Potato Wedges Oranges Milk Cornbread Mini Muffin, Vanilla Yogurt	6	Krispy Rice Cereal, Fruit Mix Milk Veggin' Out Soup with Barley Pears Cottage Cheese WW Bread Milk HB Egg, Ranch Oyster Crackers
9	Toasty O's Cereal, Applesauce Milk Beef Tacos Cheese Lettuce Corn WW Tortilla, Milk Cinnamon Mini Muffin, Vanilla Yogurt	10	Krispy Rice Cereal, Peaches Milk Sloppy Joes WW Bread Oranges Peas Milk Goldfish Crackers, Tomato Juice	11	Toasty O's Cereal, Banana Milk Turkey and Dressing Mashed Potatoes Green Beans Milk Pasta Salad	12	Baked Pancakes w/ Maple Syrup Pineapple, Milk Baked Potato with Diced Chicken and Cheddar Cheese Broccoli WW Bread Milk Saltine Crackers, Amer Cheese Slice	13	Krispy Rice Cereal, Fruit Mix Milk Humpty Dumpty Eggs Fresh Roasted Potatoes Banana WW Bread Milk Taco Oyster Crackers, Cottage Cheese
16	Toasty O's Cereal, Diced Apples Milk Spanish Rice with Turkey Corn WW Bread Milk Pretzels, Hummus	17	WW Toast w/ Cinnamon & Sugar Peaches, Milk Macaroni and Cheese Diced Turkey Dogs Green Beans Diced Apples Milk Tortilla Chips, Bean/Salsa Dip	18	Krispy Rice Cereal, Banana Milk Groud Beef w/Gravy Mashed Potatoes Ranch Carrots WW Bread Milk Cinnamon Mini Muffin, Vanilla Yogurt	19	Toasty O's Cereal, Pears Milk Chicken Cheddar Wrap on WW Tortilla Lettuce Salad Fresh Roasted Potatoes Milk Pasta Salad	20	Krispy Rice Cereal, Fruit Mix Milk Lettuce Salad Hard Boiled Egg Baby Carrots Shredded Cheddar Cheese, Croutons Western Dressing, Milk Cinn/Sugar Barley, Banana
23	Toasty O's Cereal, Applesauce Milk Chicken Alfredo Brown Rice Broccoli Oranges Milk Cornbread Mini Muffin, Cottage Cheese	24	Krispy Rice Cereal, Peaches Milk Chicken Wild Rice Soup Saltine Crackers Pears Milk Goldfish Crackers, Tomato Juice	25	Toasty O's Cereal, Banana Pears, Milk Tator Tot Taco Pizza Lettuce Salad w/Western Dressing WW Bread Milk Baby Carrots, Yogurt Dip	26	Baked Pancakes w/ Maple Syrup Pineapple, Milk Turkey Meatloaf Corn WW Bread Oranges Milk Pretzels, Hummus	27	Krispy Rice Cereal, Fruit Mix Milk Tomato Soup Cottage Cheese Toasted Cheese Sandwich Baby Carrots Milk Egg Salad Sandwich
30	Toasty O's Cereal, Diced Apples Milk Chicken Cluck Soup Sliced Cheese Pears Saltine Crackers Milk Cinnamon Mini Muffin, Cottage Cheese	31	WW Toast w/ Cinnamon & Sugar Peaches, Milk Chili Oranges Corn Bread Mini Muffin Milk Tortilla Chips, Bean/Salsa Dip	1	Krispy Rice Cereal, Banana Milk Sweet n Sour Chicken California Blend Vegetables Peaches Brown Rice Milk Saltine Crackers, Amer. Cheese	2	Toasty O's Cereal, Pears Milk Italian Dunkers w/ Cheese Meat Sauce Lettuce Salad Western Dressing Milk Baby Carrots, Yogurt Dip	3	Krispy Rice Cereal, Fruit Mix Milk Scrambled Eggs w/Shredded Cheese Broccoli Roasted Swt Potato Wedges WW Tortilla Milk Ranch Oyster Crackers, Cottage Cheese

\*Water is served with snack unless otherwise indicated

**Menu Subject to Change**

From The Farm: Turkey, Sweet Potatoes, Potatoes, milk