

## YPS Newsletter for the Month of November 2017

### YPS Activities for November

**Week 1:** This week we are learning about the neat things our bodies can do! We will be learning about bones, muscles, and how our bodies work

**Week 2:** This week we will be learning all about exercise and how it makes us healthy! We will be doing lots of fun games and trying new fun exercises.

**Week 3:** This week we will be learning about Nutrition. We will be learning what food makes our bodies healthy and strong.

**Week 4:** This week we will be learning about how we grow! We encourage each family to bring in a baby picture of your child for this week. We will be doing fun activities like measuring our height and how big we are!



### SPECIAL DAYS

- Thursday 14<sup>th</sup>- Show and Share Day! Bring a favorite toy from home to share with the class!
- Tuesday 26<sup>th</sup>- Pajama Day! Wear Winter Jammies!



### *Reminders*

*Please bring in winter clothing now that the weather is cold. Hats, mittens/gloves, and a winter coat. When it starts snowing snow-pants and boots are a must! Please label all clothing and boots.*

### *Skill to work on with your child:*

*We are working on treating books nicely. Have fun story times at home and let them try holding the book and turning the pages!*

*Winter is here and we are working on independent dressing skills! You can practice putting on winter gear, and even turn it into a race!!*

## Announcements

*We are closed December 25<sup>th</sup>, but open the 26<sup>th</sup>!*