

January 2022 Menu

3 Malt-O-Meal Mini Muffin, Applesauce Milk	4 Baked Oatmeal Bar, Peaches Milk	5 Tasteeos Cereal, Banana Milk	6 WW Toast w/Cinnamon and Sugar Pineapple, Milk	7 Crispy Rice Cereal, Fruit Mix Milk
Chicken Cheddar Wrap WW Tortilla Corn Lettuce Salad w/ Western Dressing Milk	Humpty Dumpty Eggs Roasted Potatoes Oranges WW Bread Milk	Beef Tacos Shredded Cheddar Cheese Chopped Romaine Lettuce Corn, WW Tortilla Milk	Baked Potato w/ Shredded Chicken Shredded Cheddar Cheese Broccoli WW Bread Milk	Broccoli Cheese Soup Saltine Crackers Cottage Cheese Oranges Milk
Pasta Salad with Cheese	Cornbread Mini Muffins, Ch. Slice	Baby Carrots, Seasoned Cottage Ch.	Oyster Crackers, Tomato Juice	WW Italian Tort, Crisps, Banana
10 WW Cinn. Mini Muffin, Diced Apples Milk	11 Hot Oatmeal, Peaches Milk	12 Crispy Rice Cereal, Banana Milk	13 Baked Pancake w/ Maple Syrup Pears, Milk	14 Tasteeos Cereal, Banana Milk
Turkey and Dressing Mashed Potatoes Green Beans Milk	Macaroni and Cheese Diced Turkey Dogs Peas Diced Apples Milk	Diaag Qumbe (Coconut Chicken) Brown Rice Oranges Milk	Groundbeef and Gravy Mashed Potatoes Diced Ranch Carrots WW Bread Milk	Chicken Noodle Soup WW Bread Oranges Cheese Slice Milk
Tortilla Chips, Bean/Salsa Dip	Bisquick Mini Muffins, Straw, Yogurt	Pasta Salad with Cheese	Taco Oyster Cr., Cottage Cheese	Goldfish Crackers, HB Egg
17 Malt-O-Meal Mini Muffin, Applesauce Milk	18 Baked Oatmeal Bar, Pears Milk	19 Tasteeos Cereal, Banana Milk	20 WW Toast w/Cinnamon and Sugar Pineapple, Milk	21 Crispy Rice Cereal, Fruit Mix Milk
Chicken Alfredo Brown Rice Steamed Broccoli Oranges Milk	Scrambled Eggs with Cheese Green Beans Roasted Sweet Potato Wedges WW Tortilla Milk	Tator Tot Taco Pizza Oranges Lettuce Salad w/ Western Dressing WW Bread Milk	Turkey Meatloaf Corn Oranges WW Bread Milk	Tomato Soup Toasted Cheese Sandwich Cottage Cheese Baby Carrots Milk
WW Italian Croutons, Cheese Slice	Baby Carrots, Vanilla Yogurt	Cornbread Muffin, Cottage Cheese	Saltine Crackers, HB Egg	Cinn/Sugar Oyster Crackers, Banana
24 WW Cinn. Mini Muffin, Diced Apples Milk	25 Hot Oatmeal, Peaches Milk	26 Crispy Rice Cereal, Banana Milk	27 Baked Pancake w/ Maple Syrup Pears, Milk	28 Tasteeos Cereal, Banana Milk
Sweet n' Sour Chicken California Blend Vegetables Peaches Brown Rice Milk	Spanish Rice with Turkey Corn WW Bread Milk	Vegetarian Chili Shredded Cheddar Cheese Pears Cornbread Square Milk	Italian Dunkers w/Cheese Meat Sauce Lettuce Salad w/Western Dressing Milk	Chicken Wild Rice Soup Saltine Crackers Peaches Milk
Ranch Oyster Cr., Cheese Slice	Pasta Salad with Cheese	Pretzels, Bean/Salsa Dip	Baby Carrots, Seasoned Cott. Ch.	Goldfish Crackers, Tomato Juice
31 Malt-O-Meal Mini Muffin, Applesauce Milk	1 Baked Oatmeal Bar, Pears Milk	2 Tasteeos Cereal, Banana Milk	3 WW Toast w/Cinnamon and Sugar Pineapple, Milk	4 Crispy Rice Cereal, Fruit Mix Milk
Taco Pie with Beans Corn Lettuce Salad w/ Western Dressing Milk	Chicken w/ White Sauce Brown Rice Broccoli Peaches Milk	WW Spaghetti Pasta Meat Sauce Green Beans Milk	Turkey Dog WW Bread Roasted Sweet Potato Bites Oranges Milk	Monster Mash Soup Garlic Toast Cheese Slice Banana Milk
Egg Salad, WW Bread	WW Cinn/Sugar Tort., Vanilla Yog.	Saltine Crackers, Cheese Slice	Fresh Apple Slices, Strawberry Yog.	Goldfish Crackers, Tomato Juice

*Water is served with snack unless otherwise indicated

**Under 24 months = Whole Milk Preschool Schoolage = Skim Milk

From the Farm: Turkey, Beef, Squash, Milk

Menu Subject to Change