

September 2022 Menu

29 WW Toast w/ Cinnamon & Sugar Pears, Milk Macaroni Casserole with Ground Beef Fruity Applesauce Baby Carrots Milk Tortilla Chips, Bean/Salsa Dip	30 Baked Pancake w/Maple Syrup Applesauce, Milk Crunchy Chicken Wrap with Carrots and Broccoli WW Tortilla Pineapple Milk Pretzels, Taco Seasoned Cott. Ch.	31 Crispy Rice Cereal, Banana Milk Sloppy Josephines WW Bun Corn Cantaloupe Milk Baby Carrots, Straw. Yogurt	1 Vanilla Yogurt, Peaches Milk Sweet n' Spicy Chicken Brown Rice Banana Creamed Peas Milk HB Egg, Saltine Crackers	2 Tasteeos Cereal, Fruit Mix Milk Scrambled Eggs with Cheese Green Beans WW Bread Cantaloupe Milk Cornbread Mini Muffin, Tomato Juice
5 CLOSED	6 Hot Oatmeal, Peaches Milk Tomato Soup Baby Carrots Seasoned WW Tortilla Crisps Cottage Cheese Milk Pasta Salad with Cheese	7 Tasteeos Cereal, Banana Milk Beef Tacos w/ Shredded Cheese WW Tortilla Lettuce Salad w/Western Dressing Corn Milk Tortilla Chips, Bean/Salsa Dip	8 WW Toast w/Cinnamon & Sugar Pineapple, Milk Chicken Ranch Mac n' Cheese Peas Diced Apples WW Bread Milk Cornbread Mini Muffin, Baby Carrots	9 Crispy Rice Cereal, Fruit Mix Milk Hamburger Pizza Bake with WW Pasta Oranges Lettuce Salad w/Western Dressing Milk Goldfish Crackers, HB Egg
12 Vanilla Yogurt, Peaches Milk Tator Tot Hotdish WW Bread Cantaloupe Milk Pretzels, Tomato Juice	13 WW Toast w/ Cinnamon & Sugar Pineapple, Milk Ground Turkey w/ Gravy Mashed Potatoes Baby Carrots WW Bread Milk Oyster Crackers, Fruity Applesauce	14 Crispy Rice Cereal, Banana Milk Zucchini Pizza with Shredded Ch. on a WW Bun Red Dipping Sauce Oranges Milk Cucumb.Slices, Seasoned Cott. Ch.	15 Baked Pancake w/Maple Syrup Applesauce, Milk Egg Salad WW Bread Vanilla Yogurt Baby Carrots, Strawberries Milk Tortilla Chips, Bean/Salsa Dip	16 Tasteeos Cereal, Banana Milk Chicken Ratatouille Oranges WW Bread Milk Saltine Crackers, Cheese Slice
19 Malt O Meal Breakfast Bar, Pears Milk Turkey Chili Cornbread Square Oranges Milk Baby Carrots, Ranch Cott.Cheese	20 WW Toast w/ Cinnamon & Sugar Pineapple, Milk Hamburger on a WW Bun Scalloped Potatoes Fruity Applesauce Milk Pasta Salad with Cheese	21 Tasteeos Cereal, Banana Milk Gobble Up Meatballs Brown Rice and Veggies Oranges WW Bread Milk Cinn/Sgr Tort. Crisps, Straw. Yogurt	22 Hot Oatmeal, Peaches Milk Southwest Chicken Salad Shredded Cheddar Cheese Lettuce Salad w/Western Dressing WW Bread, Cantaloupe Milk Taco Oyster Cr., Cottage Cheese	23 Crispy Rice Cereal, Fruit Mix Milk Chicken Lo Mein WW Spaghetti Pasta Oranges Milk HB Egg, Banana
26 WW Toast w/ Cinnamon & Sugar Pears, Milk Macaroni Casserole with Ground Beef Fruity Applesauce Baby Carrots Milk Tortilla Chips, Bean/Salsa Dip	27 Baked Pancake w/Maple Syrup Applesauce, Milk Crunchy Chicken Wrap with Carrots and Broccoli Pineapple WW Tortilla Milk Pretzels, Taco Seasoned Cott. Ch.	28 Crispy Rice Cereal, Banana Milk Sloppy Josephines WW Bun Corn Cantaloupe Milk Baby Carrots, Straw. Yogurt	29 Vanilla Yogurt, Peaches Milk Sweet n' Spicy Chicken Brown Rice Banana Creamed Peas Milk Pasta Salad with Cheese	30 Tasteeos Cereal, Fruit Mix Milk Scrambled Eggs with Cheese Green Beans WW Bread Cantaloupe Milk Cornbread Mini Muffin, Tomato Juice