

February 2024 Menu

29 Malt-O-Meal Mini Muffins, Applesauce Milk WW Spaghetti Pasta Red Meat Sauce Green Beans Milk WW Pasta Salad with Cheese	30 WW Toast w/Cinnamon & Sugar Pineapple, Milk Chicken w/ White Sauce Brown Rice Steamed Broccoli Peaches Milk Egg Salad, WW Bread	31 Cornflakes Cereal, Banana Milk Taco Pie with WW Tortillas and Beans Lettuce Salad w/ Western Dressing Corn Milk Cinn/Sgr. Oyster Cr., Vanilla Yogurt	1 Baked Oatmeal Bar, Pears Milk Turkey Dog WW Bread Fresh Roasted Sweet Potato Fries Oranges Milk Fresh Apple Slices, Cheese Slice	2 Cheerios Cereal, Fruit Mix Milk Monster Mash Bean Soup WW Garlic Toast Cheese Slice Banana Milk WW Goldfish Crackers, Tomato Juice
5 WW Cinn. Mini Muffins, Applesauce Milk Chicken & Cheese Quesdilla on a WW Tortilla Corn Pears Milk Taco Oyster Crackers, Cottage Ch.	6 Hot Oatmeal, Peaches Milk Sloppy Joes WW Bun Peas Oranges Milk Seasoned Tort. Crisps, Ch. Slice	7 Cheerios Cereal, Banana Milk Chicken Stirfry Key Largo Blend Vegetables Brown Rice Pineapple Milk WW Pasta Salad with Cheese	8 Baked Pancake w/ Maple Syrup Pears, Milk Turkey Noodle Hotdish with WW Pasta Roasted Sweet Potato Wedges Oranges Milk Cornbread Mini Muffins, Van. Yogurt	9 Cornflakes Cereal, Fruit Mix Milk Veggie Soup with Brown Rice Banana Cottage Cheese WW Bread Milk Baby Carrots, HB Egg
12 Malt-O-Meal Mini Muffin, Applesauce Milk Turkey and Dressing Mashed Potatoes Green Beans Milk Tortilla Chips, Bean/Salsa Dip	13 Baked Oatmeal Bar, Peaches Milk Humpty Dumpty Eggs Fresh Roasted Potatoes Bites Oranges WW Bread Milk WG Goldfish Crackers, Straw.Yogurt	14 Cornflakes Cereal, Banana Milk Beef Tacos Shredded Cheddar Cheese Chopped Romaine Lettuce Corn, WW Tortilla Milk Oyster Cr., Seasoned Cott. Cheese	15 WW Toast w/Cinnamon & Sugar Pineapple, Milk Baked Potato w/Shredded Chicken Shredded Cheddar Cheese Steamed Broccoli WW Bread Milk Fresh Apple Slices, Vanilla Yogurt	16 Cheerios Cereal, Fruit Mix Milk Chicken Noodle Soup Saltine Crackers American Cheese Slice Oranges Milk WW Ranch Tort. Crisps, Banana
19 WW Cinn. Mini Muffins, Pineapple Milk Macaroni and Cheese Diced Turkey Dog Peas Fresh Apple Slices Milk Egg Salad, WW Bread	20 Hot Oatmeal, Peaches Milk Diaag Qumbe (Coconut Chicken) Brown Rice Oranges Milk Bisquick Mini Muffins, Straw.Yogurt	21 Cheerios Cereal, Banana Milk Groundbeef and Gravy Mashed Potatoes Diced Ranch Carrots WW Bread Milk WW Pasta Salad with Cheese	22 Baked Pancake w/ Maple Syrup Pears, Milk Chicken Cheddar Wrap WW Tortilla Lettuce Salad w/ Western Dressing Corn Milk Cornbread Square, Tomato Juice	23 Cornflakes Cereal, Banana Milk Broccoli Cheese Soup WW Bread Oranges Cottage Cheese Milk WG Goldfish Crackers, HB Egg
26 Malt-O-Meal Mini Muffins, Applesauce Milk Chicken Alfredo Brown Rice Steamed Broccoli Oranges Milk Tortilla Chips, Bean/Salsa Dip	27 Baked Oatmeal Bar, Pears Milk Scrambled Eggs with Cheese Green Beans Roasted Sweet Potato Bites WW Tortilla Milk Fresh Apple Slices, Vanilla Yogurt	28 Cornflakes Cereal, Banana Milk Tator Tot Taco Pizza Oranges Lettuce Salad w/ Western Dressing WW Bread Milk Saltine Crackers, Tomato Juice	29 WW Toast w/Cinnamon and Sugar Pineapple, Milk Turkey Meatloaf Corn Oranges WW Bread Milk Ital. Bisquick Mini Muffins, Cott. Ch.	1 Cheerios Cereal, Fruit Mix Milk Tomato Soup WW Garlic Toast Cottage Cheese Baby Carrots, Cheese Slice Milk Cinn/Sgr Oyster Crackers, Banana